Index to Volume 16

This index covers Journal of Hand Therapy *issues for 2003, as follows: January–March (Number 1), pages 1–78; April–June (Number 2), pages 79–188; July–September (Number 3), pages 189–290; and October–December (Number 4), pages 291–356.*

SUBJECTS

A

Abstracts, ASHT 2002 annual meeting, 269–279
  literature, 65–67
Allograft bone, as bone graft substitute, 181–182
American Society of Hand Therapists (ASHT)
  2002 Presidential Address, 68–72
  annual meeting of, proceedings of, 269–279, 279t
Arthritis, rheumatoid, static *vs.* dynamic wrist splints for, EMG in, 320–325, 321f, 323t, 324t
Arthroplasty, metacarpophalangeal
  patient's perspective of, 315–319, 316f, 317t, 318t
  postoperative therapy, 311–312, 312f, 313t, 314
ASHT. *See* American Society of Hand Therapists (ASHT)
Athletes, metacarpal fractures in, 171–179, 173f–178f
Avulsion(s), flexor digitorum profundus, 108–109, 110f

B

Baltimore Therapeutic Equipment (BTE) Primus grip tool, reliability and validity of, 36–42, 39t, 40t
  study of
    data analysis in, 38
    design of, 38
    discussion of, 39–41
    body position in, 40
    fatigue in, 41
    handedness in, 40–41, 40t
    reliability in, 39–40, 39t
    validity in, 39–40, 39t
    instrumentation in, 38
    limitations of, 41
    methods in, 37–38
    participants in, 37–38
    procedure of, 38
    purpose of, 37
    results of, 38–39, 39t, 40t
Bath(s), contrast, 343–346, 344f, 345t
Bennett's fracture, 146
  reverse, 149
Bone(s)
  allograft, as bone graft substitute, 181–182
  healing of, 81–93, 82f–84f, 87f, 89f–91f. *See also* Fracture(s), healing of
Bone compression, internal fixation and, 96–97, 97f
Bone graft substitutes, 180–187, 181f, 182t, 183f, 185f
  allograft bone, 181–182
  bone marrow, 183
  caveats of, 186
  ceramics, 182–183, 183f
  clinical applications of, 184–186, 185f
  composite grafts, 184
  demineralized bone matrix, 182
  ideal, 180–181, 182t
  osteoinductive growth factors, 183–184
Bone grafting, for proximal phalangeal fractures, 135
Bone grafts
  ideal, 180–181, 182t
  substitutes for, 180–187, 181f, 182t, 183f, 185f
Bone marrow, as bone graft substitute, 183
Bone matrix, demineralized, as bone graft substitute, 182
Bony mallet injuries, 107–108, 108f, 109f
Book reviews, 62–64, 266–268
  Management of Upper Extremity Problems: Cadaver Demonstrations and Therapeutic Management CD-ROM, 62
  Master Techniques in Orthopaedic Surgery: The Wrist, 62–63
  Myofascial Pain and Fibromyalgia: Trigger Point Management, 266
  Operative Arthroscopy, 267–268
  Orthopedic Physical Assessment, 266–267
  Splinting the Hand and Upper Extremity: Principles and Process, 63–64
Boxer's fractures, 147–148, 148f, 149f
Brace(s), forearm, proximal, full-contact, 59f–61f, 59–61
BTE-Primus grip tool, reliability and validity of, 36–42, 39t, 40t

C

Capitate fractures, management of, update on, 156
Carpal fractures
  dislocations and, management of, update on, 158–159, 158f, 159f
  management of, update on, 152–160, 153t, 154f, 156f–159f. *See also specific fracture, e.g.,* Scaphoid fractures
  outcomes of, update on, 159
  patient with, approach to, 152
Carpal tunnel outcomes assessment tool, 232, 233t
  for carpal tunnel syndrome, 228–229, 230t, 231t
Carpal tunnel syndrome
  severity of, tests for, 225–236, 226t, 228f, 229f, 229t–231t, 232f, 233t
  study of
    carpal tunnel outcomes assessment tool in, 228–229, 230t, 231t, 232, 233t, 234–235
    classification of hands in, 230–231, 231t
    data analysis in, 229–230
    discussion of, 233–235
    Durkan/carpal compression test in, 227–228
    exclusion criteria in, 226–227
    five clinical tests in, 231–232
    inclusion criteria in, 227, 228f

Katz-Stirrat hand diagram in, 228, 229f, 229t, 231–232, 232f, 234
manual version of carpal compression test in, 231, 232f
methods in, 226–230
Phalen's test in, 227, 231, 232f
provocative tests in, 233–234
reliability tests in, 232, 233t
results of, 230–232
subject selection in, 226, 226t
testing procedures in, 227–229
Tinel's sign in, 227, 231, 232f
splinting in, evidence-based practice and, 256–263, 257f–260f, 259t, 262t
Cast(s)
playing, for metacarpal fractures in athletes, 174–175, 175f, 176f
protective, for metacarpal fractures in athletes, 172
Ceramics, as bone graft substitute, 182–183, 183f
Children, 3-, 4-, and 5-year olds, hand dexterity values in, grip and pinch strength and, 22–28, 23f, 24t, 25f, 26t
Closed reduction and internal fixation
for metacarpal fractures in athletes, 173, 173f
for proximal phalangeal fractures, 132–133, 132f, 133f
Closed reduction external support, for fractures, healing and, 87, 87f
Closed reduction internal fixation and external fixation, for fractures, healing and, 88
Competencies, in hand therapy, 49–58, 51t–55t
Composite grafts, as bone graft substitute, 184
Compression, bone, internal fixation and, 96–97, 97f
Contracture(s)
joint, measurement of, 208
optimal daily total end range time for, 207–218, 210f, 211f, 212t, 213f, 214t, 215f, 216f
Contrast baths, 343–346, 344f, 345t
administration of, procedures for, 343–344
survey of hand therapists on, 344–345
discussion of, 345
methods in, 344
results of, 345, 345t
subjects in, 344–345, 344f
Core diameter, defined, 98
Countersunk, defined, 98
Cylinder grip, optimum tool handle diameter for, 337–342, 338f–341f

D

Daily total end range time (TERT), optimal, for contracture, 207–218, 210f, 211f, 212t, 213f, 214t, 215f, 216f
measurement of joint contracture in, 208
study of
baseline data in, 212, 212t, 214t
daily total end range time and contracture resolution in, 212, 215f
data analysis in, 211
design of, 209
discussion of, 214–216
external validity in, 217
internal validity in, 216–217
intervention in, 210, 211f
limitations of, 216–217
materials in, 209
measurement of joint stiffness in, 209–210, 210f
method in, 209–211
participants in, 209
pretreatment joint stiffness, joint type, and contracture resolution in, 213–214, 214t
procedures in, 209
recommendations in, 217
reliability study in, 210–211, 212, 212t
research hypotheses in, 208–209
results of, 212–214
tied data in, 212–213, 216f
torque range of motion technique in, 209, 210f
Demineralized bone matrix (DBM), as bone graft substitute, 182
Diameter
core, defined, 98
thread, defined, 98
Dislocation(s)
carpal fractures and, management of, update on, 158–159, 158f, 159f
proximal interphalangeal joint, 117–128, 119f, 121f–124f
Distal interphalangeal joint, dynamic flexion splint for, 249–250, 249f, 250f
Durkan/carpal compression test, for carpal tunnel syndrome, 227–228, 231, 232f
Dynamic flexion splint, for distal interphalangeal joint, 249–250, 249f, 250f
fabrication of, 250, 250f
materials for, 249, 249f
wearing regimen for, 250
Dynamic supination splint, worn distal to elbow, 190–198, 191f, 191t–193t, 193f–196f
Dynamic traction splinting, for proximal interphalangeal joint injuries, 125–126
Dynamic wrist splint, *vs.* static wrist splint, for rheumatoid arthritis, EMG in, 320–325, 321f, 323t, 324t

E

Early active motion protocol, for four-strand flexor tendon repair, using one splint, 199–206, 202f, 203f, 203t, 204t
Early controlled mobilization, of potentially unstable extra-articular hand fractures, 161–170, 162f, 163f, 164t, 165f–169f
early controlled motion options, 165f, 166–168, 167f–169f
indications for, 161–162, 162f
modified fracture bracing options, 165–166, 165f, 167f
modified immobilization options, 164, 165f, 166f
reasons for, 162, 163f
timing of, 162–164, 163f, 164t
Education program, ergonomics, used by video display terminal users, changes in postural risk and general health associated with, 29–35, 30t, 31f, 32f, 33t
Elbow(s)
extension and flexion of, stiff and normal elbows during, EMG activity in, 5–11, 6f, 7f, 8t, 9f, 10f
supination splint worn distal to, 190–198, 191f, 191t–193t, 193f–196f
Electromyographic (EMG) activity, in stiff and normal elbows, during elbow flexion and extension, 5–11, 6f, 7f, 8t, 9f, 10f

study of
data analysis in, 7
discussion of, 8–10, 10f
experimental procedure in, 6–7, 6f, 7f
materials in, 5–7, 6f, 7f
methods in, 5–7, 6f, 7f
results of, 7–8, 8t, 9f
statistical analysis in, 7
subjects in, 5–6
Electromyographic (EMG) analysis, in supination splint worn distal to elbow study, 193–194, 193f
Electromyography (EMG)
Noraxon, 321
in static *vs.* dynamic wrist splint comparison, for rheumatoid arthritis, 320–325, 321f, 323t, 324t
of stiff and normal elbows, during elbow flexion and extension, 5–11, 6f, 7f, 8t, 9f, 10f
EMG. *See* Electromyography (EMG)
Ergonomics education program, used by video display terminal users, changes in postural risk and general health associated with, 29–35, 30t, 31f, 32f, 33t
Evidence-based practice, carpal tunnel syndrome and, splinting in, 256–263, 257f–260f, 259t, 262t
clinical question in, 256
evidence integration with clinical judgment and patient values in, 262–263
evidence review and evaluation in, 258–262, 262t
evidence search in, 256–258, 257f–260f, 259t
Exercise(s)
extensor flexion, for proximal phalangeal fractures, 137–139, 140f
flexor tendon gliding, for proximal phalangeal fractures, 139–140, 140f
therapeutic, for frozen shoulder, 219–224, 221f, 222f, 222t, 223t
Extensor tendon gliding exercises, for proximal phalangeal fractures, 137–139, 140f
External fixation, mini, for proximal phalangeal fractures, 133–134, 135f
Extra-articular hand fractures, potentially unstable, early controlled mobilization for, 161–170, 162f, 163f, 164t, 165f–169f

F

FDS. *See* Flexor digitorum superficialis (FDS)
FDT. *See* Functional dexterity test (FDT)
Fifth finger flexor digitorum superficialis, presence or absence of, grip strength and, 245–248, 247f
introduction to, 245–246
literature review in, 245–246
study of
discussion in, 247–248
method in, 246–247
results of, 247, 247f
Figure-of-eight method
for hand size measurement, 300–304, 301f, 302t, 303f, 303t
vs. water volumetry
in hand size measurement, 305–310, 307f, 308f, 309t
in wrist size measurement, 305–310, 307f, 308f, 309t
Finger(s), fifth, flexor digitorum superficialis of, presence or absence of, grip strength and, 245–248, 247f
Finger metacarpal fractures
management of, 146–149
metacarpal base fractures, 148f, 149
metacarpal head fractures, 146–147, 147f
metacarpal neck fractures, 148f, 149f
metacarpal shaft fractures, 148–149, 148f, 150f
metacarpal neck fractures, management of, 147–148
Fingertip pinch strength, measurement of, forearm position and outcome score effects on, 326–336, 329f–331f, 332t–336t, 333f, 334f
Flexion splint, dynamic, for distal interphalangeal joint, 249–250, 249f, 250f
Flexor digitorum profundus avulsions, 108–109, 110f
Flexor digitorum superficialis, fifth finger, presence or absence of, grip strength and, 245–248, 247f
Flexor tendon gliding exercises, for proximal phalangeal fractures, 139–140, 140f
Flexor tendon repair
early active motion protocol for, using one splint, 199–206, 202f, 203f, 203t, 204t
study of
discussion in, 204–205
methods in, 201–203
protocol description in, 201–203, 202f, 203f
results of, 203–204, 203t, 204t
four-strand, early active motion protocol for, using one splint, 199–206, 202f, 203f, 203t, 204t
Forearm
position of, effects of, on maximum voluntary pinch strength, 326–336, 329f–331f, 332t–336t, 333f, 334f
venous drainage of, effects on volume provocation test, 43–48, 46f, 47t
Forearm brace, proximal, full-contact, 59f–61f, 59–61
Four-strand flexor tendon repair, early active motion protocol for, using one splint, 199–206, 202f, 203f, 203t, 204t
Fracture(s)
Bennett's, 146
reverse, 149
boxer's, 147–148, 148f, 149f
capitate, management of, update on, 156
carpal, management of, update on, 152–160, 153t, 154f, 156f–159f
hamate, management of, update on, 156–157, 157f
hand
extra-articular, potentially unstable
early controlled mobilization of, 161–170, 162f, 163f, 164t, 165f–169f
management of, 79–80
of hand and wrist, diagnosis of, 95–96, 96f, 96t
healing, inflammatory stage in, 85
healing of, 81–93, 82f–84f, 87f, 89f–91f
closed reduction external support for, 87, 87f
closed reduction internal fixation and external fixation and, 88
confounders to, 86
fracture reduction and fixation and, 87–89
motion and, 89–91, 89f–91f
open reduction internal fixation for, 88–89
primary, 83–84, 83f
secondary, 84, 84f
sequence of, 82–86, 82f

inflammatory stage, 85
primary healing, 83–84, 83f
remodeling stage, 86
repair stage, 85–86
secondary healing, 84, 84f
management of, 81–93, 82f–84f, 87f, 89f–91f
metacarpal
in athletes, 171–179, 173f–178f
management of, 143–151, 144f, 145f, 147f–150f
thumb, management of, 144–146
P2, 109–116, 111f, 112t, 113f–115f
P3, 105–109, 106f–110f
phalangeal
distal and middle, of hand, rehabilitation for, 105–116, 106f–111f, 112t, 113f–115f
proximal, 129–142, 130f, 132f–140f
physiologic motion after, 86–87
proximal interphalangeal joint, management of, 117–128, 119f, 121f–124f
psisiform, management of, update on, 157
trapezioid, management of, update on, 155–156
trapezium, management of, update on, 155, 156f
triquetrum, management of, update on, 157157f
tuft, with concomitant nail bed injury, rehabilitation for, 106–107, 107f
wrist, diagnosis of, 95–96, 96f, 96t
Fracture disease, internal fixation and, 97
Frozen shoulder, treatment of, hydroplasty and therapeutic exercise for, 219–224, 221f, 222f, 222t, 223t
study of
discussion in, 223
hydroplasty procedure in, 220
materials in, 220–221
methods in, 220–221
outcome measures in, 221
results of, 221–222, 222f, 222t, 223t
statistical analyses in, 221
treatment in, 220–221, 221f
Full-contact proximal forearm brace, 59f–61f, 59–61
Functional dexterity test (FDT)
administration of, instructions for, 14, 16f
development of, 12–21, 14f–16f, 16t–19t
discussion of, 19–20
equipment construction standards in, 13, 14f, 15f
literature review in, 12–13
normative data in, 18–19, 18t, 19t
purpose of, 13
reliability estimates in, 15–17, 17t
scoring of, 14–15, 16t, 17t
validity of, 17–18, 17t
Functional positional splinting, for proximal phalangeal fractures, 136–137, 136f–139f

G

Glide hole, defined, 99
Graft(s)
bone
ideal, 180–181, 182t
substitutes for, 180–187, 181f, 182t, 183f, 185f
composite, as bone graft substitute, 184
Grafting, bone, for proximal phalangeal fractures, 135
Grip, cylinder, optimum tool handle diameter for, 337–342, 338f–341f
Grip and pinch instruments, in static *vs.* dynamic wrist splint comparison, for rheumatoid arthritis, 321–322
Grip strength
fifth finger flexor digitorum superficialis presence or absence and, 245–248, 247f
hand dexterity values and, in 3-, 4-, and 5-year old children, 22–28, 23f, 24t, 25f, 26t

H

Hamate fractures, management of, update on, 156–157, 157f
Hand(s)
current concepts related to, 81–93, 82f–84f, 87f, 89f–91f
distal and middle phalanx fractures of, rehabilitation for, 105–116, 106f–111f, 112t, 113f–115f
internal fixation for, 95–104, 96f, 96t, 97f–103f, 98t
"Hand Commandments," 251–255
Hand dexterity values, in 3-, 4-, and 5-year old children, grip and pinch strength and, 22–28, 23f, 24t, 25f, 26t
study of
correlation between functional dexterity test data and grip and pinch strength in, 25, 26t
design of, 24
discussion of, 25–27
functional dexterity test in, 24, 24t
grip strength and pinch strength data in, 25, 26t
methods in, 23–24, 23f
penalties in, 24, 25f
results of, 24–25, 24t, 25f, 26t
Hand fractures
extra-articular, potentially unstable, early controlled mobilization for, 161–170, 162f, 163f, 164t, 165f–169f
management of, 79–80
Hand size, measurement of, figure-of-eight method of, 300–304, 301f, 302t, 303f, 303t
study of
data analysis in, 301, 303
discussion of, 302, 303
equipment in, 301, 302
method in, 301, 302–303
participants in, 301, 302
procedure in, 301, 301f, 302–303, 303f
results of, 301, 302t, 303, 303t
vs. water volumetry in, 305–310, 307f, 308f, 309t
study of
data analysis in, 308
discussion of, 309–310
method in, 306–308
procedure in, 307–308
reliability measurement in, 307, 307f, 308f
results of, 308, 309t
subjects in, 306–307
validity measurement in, 308
Hand therapy
competencies in, 49–58, 51t–55t
background of, 49–50
competency assurance and credentialing, 50
study of
data analysis in, 52
development of, description of, 50–51, 51t

discussion of, 55–56
method in, 50–52, 51t
results of, 52, 52t, 53t–55t, 55
application of, 56–57
readiness for Hand Therapy Certification Examination, 57
revision of Hand Therapy Certification Commission Policies, 56–57
validation of, 51–52
for metacarpal fractures in athletes, 174
Hand Therapy Certification, 49
Hand Therapy Certification Commission, Inc. (HTCC), 49
Hand Therapy Certification Commission Policies, revision of, 56–57
Hand Therapy Certification Examination, 49
readiness for, 57
Hand volumetric measurements, intertester and intratester reliability of, 292–299, 294t–296t, 296f
literature review in, 292–294, 294t
study of
data analysis in, 295
discussion of, 296–298
instrumentation in, 294
methods in, 294–295
procedure in, 294–295
results of, 295–296, 295t, 296f, 296t
subjects in, 294
testers in, 294
Head, defined, 98, 98f
Healing, fracture, 81–93, 82f–84f, 87f, 89f–91f
Health, general, changes in, ergonomics education program and, in video display terminal users, 29–35, 30t, 31f, 32f, 33t
Humpback deformity, 153
Hydraulic distention technique, for frozen shoulder, 219–224, 221f, 222f, 222t, 223t
Hydroplasty, for frozen shoulder, 219–224, 221f, 222f, 222t, 223t

I

Imaging studies, in proximal phalangeal fractures, 130
Internal fixation
for fractures, healing and, 88–89
for hand and wrist
bone compression in, 96–97, 97f
definitions associated with, 98–99, 98f
degree of, 97–98, 98f
fracture disease, 97
indications for, 95–96, 96f, 96t
Kirschner wires in, 97
lag screw principle, 99, 99f, 100f
philosophy of, 102, 104
plate applications in, 101, 102f, 103f
principles of, 95–104, 96f, 96t, 97f–103f, 98t, 100f, 101f
rules in, 101–102, 103f
techniques in, 98, 98t
timing of, 97
tissue trauma, 97
open reduction, for metacarpal fractures in athletes, 173–174, 173f, 174f
for proximal phalangeal fractures, 133–134, 134f, 135f
International Federation of Societies for Hand Therapy (IFSHT), 3–4
Interphalangeal joint, proximal, injuries to, management of, 117–128, 119f, 121f–124f

J

Jahss maneuver, 148
Joint(s)
contracture of, measurement of, 208
distal interphalangeal, dynamic flexion splint for, 249–250, 249f, 250f
proximal interphalangeal, injuries to, management of, 117–128, 119f, 121f–124f
stiffness of, measurement of, in optimal daily total end range time for contracture study, 209–210, 210f

K

Katz-Stirrat hand diagram, in carpal tunnel syndrome, 228, 229f, 229t, 231–232, 232f, 234
Key pinch strength, measurement of, forearm position and outcome score effects on, 326–336, 329f–331f, 332t–336t, 333f, 334f
Kirschner wire(s), in internal fixation, 97
Kirschner wire fixation, for proximal phalangeal fractures, 133

L

Lag screw principle, 99, 99f, 100f
Literature abstracts, 65–67
Lunate fractures, management of, update on, 157–158

M

Manual dexterity measure, in static *vs.* dynamic wrist splint comparison, for rheumatoid arthritis, 322
Maximum voluntary pinch strength, measurement of, 326–336, 329f–331f, 332t–336t, 333f, 334f
Metacarpal(s), functional anatomy of, 143–144, 144f
Metacarpal fractures
in athletes, 171–179, 173f–178f
complications of, 177–178, 178f
prevention of, 178
rehabilitation for, 174–175
hand therapy, 174
playing casts and splints, 174–175, 175f, 176f
return to play, 176–177, 177f
treatment of, 172–174
closed reduction and internal fixation in, 173, 173f
open reduction and internal fixation in, 173–174, 173f, 174f
parameters of displacement in, 172–173
protective casts or splints in, 172
complications of, 149–150
finger, management of, 146–149
management of, 143–151, 144f, 145f, 147f–150f
thumb, management of, 144–146
Metacarpophalangeal arthroplasty
patient's perspective of, 315–319, 316f, 317t, 318t
study of
discussion of, 317–319
methods in, 315–316, 316f, 317t
results of, 316–317, 317t, 318t
postoperative therapy, 311–312, 312f, 313t, 314
study of
discussion of, 312, 314

method in, 311
results of, 311–312, 312f, 313t
Mini external fixation, for proximal phalangeal fractures, 133–134, 135f
Mini plates, for proximal phalangeal fractures, 133, 134f, 135f
Mini-screw fixation, for proximal phalangeal fractures, 133, 134f
Mobilization, early controlled, of potentially unstable extra-articular hand fractures, 161–170, 162f, 163f, 164t, 165f–169f

N

Nail bed injury, tuft fractures with, rehabilitation for, 106–107, 107f
Nathalie Barr Lecture, 73–77
Noraxon electromyography, in static *vs.* dynamic wrist splint comparison, for rheumatoid arthritis, 321

O

Open reduction internal fixation
for fractures, healing and, 88–89
for metacarpal fractures in athletes, 173–174, 173f, 174f
Osteoinductive growth factors, as bone graft substitute, 183–184

P

P2 fractures, 109–116, 111f, 112t, 113f–115f
P3 fractures, 105–109, 106f–110f
Pain, thumb, in physical therapists, spinal manipulative therapy and, 237–244, 238f, 239t, 240f, 240t, 241f
Phalangeal fractures
distal and middle, of hand, rehabilitation for, 105–116, 106f–111f, 112t, 113f–115f
proximal, 129–142, 130f, 132f–140f
Phalen's test, for carpal tunnel syndrome, 227, 231, 232f
Physical examination, in proximal phalangeal fractures, 130
Physical therapists, thumb pain in, spinal manipulative therapy and, 237–244, 238f, 239t, 240f, 240t, 241f
Pinch strength
fingertip, measurement of, forearm position and outcome score effects on, 326–336, 329f–331f, 332t–336t, 333f, 334f
hand dexterity values and, in 3-, 4-, and 5-year old children, 22–28, 23f, 24t, 25f, 26t
key, measurement of, forearm position and outcome score effects on, 326–336, 329f–331f, 332t–336t, 333f, 334f
maximum voluntary, measurement of, 326–336, 329f–331f, 332t–336t, 333f, 334f
study of
data analysis in, 328
design of, 327
discussion of, 331–335, 335t, 336t
materials in, 327–328, 328, 329f–331f
methods in, 327–328
procedures in, 328, 329f–331f
results of, 328–331, 332t–335t, 333f, 334f
subjects in, 328
three-jaw chuck, measurement of, forearm position and outcome score effects on, 326–336, 329f–331f, 332t–336t, 333f, 334f
Pisiform fractures, management of, update on, 157
Pitch, defined, 98
Plate applications, in hand, 101, 102f, 103f
Postural risk, changes in, ergonomics education program and, in video display terminal users, 29–35, 30t, 31f, 32f, 33t
Primary healing, of fractures, 83–84, 83f
Proximal forearm brace, full-contact, 59f–61f, 59–61
fabrication of, 59–60, 60f, 61f
materials for, 59, 59f
Proximal interphalangeal joint, injuries to
anatomic considerations in, 117–118
axially directed forces, 125
classification of, 118–125
complications of, 126–127
diagnosis of, 118
dorsally directed proximal interphalangeal joint dislocation forces, mechanism of injury, 120–121
dorsally directed proximal interphalangeal joint dislocation forces and
mechanism of injury, 121f, 122f
treatment of, 121–123, 122f
dynamic traction splinting for, 125–126
laterally directed proximal interphalangeal joint dislocation forces and
mechanism of injury, 118–119, 119f
treatment of, 119–120
management of, 117–128, 119f, 121f–124f
contraindications to, 118
indications for, 118
palmarly (volarly) directed proximal interphalangeal joint dislocation forces and
mechanism of injury, 123, 123f, 124f
treatment of, 124–125
Proximal phalangeal fractures, 129–142, 130f, 132f–140f
closed fractures, treatment of, 131–134
displaced, 131–132
nondisplaced, 131
surgical, 132–134
closed reduction and internal fixation, 132–133, 132f, 133f
indications for, 132
internal fixation, 133–134, 134f, 135f
evaluation of, 130
open fractures, treatment of, 134–135
bone grafting, 135
problems associated with, 129
cause of, 129–130, 130f
rehabilitation for, 135–140, 136f
functional positional splinting, 136–137, 136f–139f
tendon gliding, 137–140, 139f
extensor tendon gliding exercises, 137–139, 140f
flexor tendon gliding exercises, 139–140, 140f
treatment of, 130–131

R

Radiographic analysis, in supination splint worn distal to elbow study, 192–193, 193f, 195f
Range of motion, analysis of, in supination splint worn distal to elbow study, 192, 192t, 193t
Rehabilitation
for distal phalangeal fractures, 105–109, 106f–110f
distal phalangeal avulsion injuries, 107–109, 108f–110f

proximal P3, 107, 108f
tuft fractures with concomitant nail bed injury, 106–107, 107f
for metacarpal fractures in athletes, 174–175
for middle phalangeal fractures, 109–116, 111f, 112t, 113f–115f
stable, 110–111, 111f
unstable, 111–116
Kirschner wire fixation for, 111–112, 112t, 113f
rigid fixation techniques for, 112–114, 114f, 115f
for proximal phalangeal fractures, 135–140, 136f
Remodeling stage, of healing, 86
Repair stage, of healing, 85–86
Rheumatoid arthritis, static *vs.* dynamic wrist splints for, EMG in, 320–325, 321f, 323t, 324t
study of
data analysis in, 322
discussion of, 323–324
instrumentation in, 321–322
manual dexterity measure in, 322
materials in, 321, 321f
measures in, 321–322
method in, 321–322
Noraxon EMG in, 321
procedures in, 322
results of, 322–323, 323t, 324t
statistical analysis in, 322
subjects in, 321

S

Scaphoid fractures, management of, update on, 152–155, 153t, 154f
Secondary healing, of fractures, 84, 84f
Self-tapping, defined, 98
Shaft, defined, 98, 98f
Shoulder(s), frozen, treatment of, hydroplasty and therapeutic exercise for, 219–224, 221f, 222f, 222t, 223t
Spinal manipulative therapy, physical therapists practicing, thumb pain in, 237–244, 238f, 239t, 240f, 240t, 241f
Splint(s)
application of, optimal daily total end range time of, for contracture, 207–218, 210f, 211f, 212t, 213f, 214t, 215f, 216f
for carpal tunnel syndrome, evidence-based practice and, 256–263, 257f–260f, 259t, 262t
dynamic flexion, for distal interphalangeal joint, 249–250
dynamic supination, worn distal to elbow, 190–198
flexion, dynamic, for distal interphalangeal joint, 249–250, 249f, 250f
one, early active motion protocol for flexor tendon repair using, 199–206, 202f, 203f, 203t, 204t
playing, for metacarpal fractures in athletes, 174–175, 175f, 176f
protective, for metacarpal fractures in athletes, 172
supination, worn distal to elbow, 190–198, 191f, 191t–193t, 193f–196f
wrist, static *vs.* dynamic, for rheumatoid arthritis electromyography in, 320–325, 321f, 323t, 324t
Splinting
functional positional, for proximal phalangeal fractures, 136–137, 136f–139f
traction, dynamic, for proximal interphalangeal joint injuries, 125–126
Static wrist splints, *vs.* dynamic wrist splints, for rheumatoid arthritis, electromyography in, 320–325, 321f, 323t, 324t
Supination splint
design of, 196f, 197–198
fitting of, 196f, 197–198
materials for, 198
worn distal to elbow, 190–198, 191f, 191t–193t, 193f–196f
splint design and fitting in, 196f, 197–198
study of
discussion in, 194–197
methods in, 191–194, 191t, 192t
EMG analysis in, 193–194, 193f
radiographic analysis in, 192–193, 193f, 195f
range of motion analysis in, 192, 192t, 193t
purpose of, 191
results of, 194
radiographic and EMG, 194, 195f
range of motion, 194, 194f
torque in, described, 196f, 197

T

Tendon(s), flexor digitorum superficialis, fifth finger, presence or absence of, grip strength and, 245–248, 247f
Tendon gliding, for proximal phalangeal fractures, 137–140, 139f
Tension band principle, 99–100, 100f, 101f
TERT. *See* Total end range time (TERT)
Therapeutic exercise, for frozen shoulder, 219–224, 221f, 222f, 222t, 223t
Thread diameter, defined, 98
Three-jaw chuck pinch strength, measurement of, forearm position and outcome score effects on, 326–336, 329f–331f, 332t–336t, 333f, 334f
Thumb metacarpal fractures, management of, 144–146
thumb metacarpal base fractures, 145–146
thumb metacarpal head fractures, 144–145, 145f
thumb metacarpal shaft fractures, 145, 145f
Thumb pain, in physical therapists, spinal manipulative therapy and, 237–244, 238f, 239t, 240f, 240t, 241f
study of
appendix, 244
demographics in, 239, 239t
discussion of, 240–242
effect of spinal manipulative techniques in, 239, 241f
factors affecting presence of pain in, 239, 240f
factors affecting severity of pain in, 239
management strategies in, 239–240, 241f
methods in, 237–239, 238f
presentation of pain in, 239, 240t
prevalence of pain in, 239, 240t
results of, 239–240, 239t
Tinel's sign, for carpal tunnel syndrome, 227, 231, 232f
Tissue(s), trauma to, internal fixation and, 97
Tool handle, optimum diameter of, for cylinder grip, 337–342, 338f–341f
study of
discussion of, 339–342, 339f–341f
materials in, 337–339
methods in, 337–339

model description in, 338–339, 338f
results of, 339–342, 339f–341f
Torque, in supination splint worn distal to elbow, 196f, 197
Torque range of motion (TROM), technique of, in optimal daily total end range time for contracture study, 209, 210f
Total end range time (TERT), daily, optimal, for contracture, 207–218, 210f, 211f, 212t, 213f, 214t, 215f, 216f
Traction splinting, dynamic, for proximal interphalangeal joint injuries, 125–126
Trapezium fractures, management of, update on, 155, 156f
Trapezoid fractures, management of, update on, 155–156
Triquetrum fractures, management of, update on, 157, 157f
Tuft fractures, with concomitant nail bed injury, rehabilitation for, 106–107, 107f

V

Venous drainage, of forearm, effects on volume provocation test, 43–48, 46f, 47t
Video display terminal users, ergonomics education program used by, changes in postural risk and general health associated with, 29–35, 30t, 31f, 32f, 33t
study of
discussion in, 33
methods in, 30–32, 30t, 31f, 32f
participants in, 30, 30t
results of, 32, 33t
statistical analysis in, 32
testing procedures in, 30–31, 31f, 32f
Volume provocation test (VPT), forearm venous drainage and, effects of, 43–48, 46f, 47t
overview of, 44
study of
analyses in, 46
design of, 45
discussion of, 47–48
exclusion criteria in, 45
inclusion criteria in, 44
measuring protocols in, 45–46, 46f
methods in, 44–46, 46f
pain scale data in, 46
quality of symptoms in, 46–47, 47t
recruitment in, 44
results of, 46–47, 47t
sample characteristics in, 46
sample in, 44
symptom distribution in, 46–47, 47t
Volumetric measurements, hand, intertester and intratester reliability of, 292–299, 294t–296t, 296f
Volunteer(s), for American Society of Hand Therapists, 68–72

W

Water volumetry
figure-of-eight method *vs.*
in hand size measurement, 305–310, 307f, 308f, 309t
in wrist size measurement, 305–310, 307f, 308f, 309t
in hand size measurement, intertester and intratester reliability of, 292–299, 294t–296t, 296f
Wrist, internal fixation for, 95–104, 96f, 96t, 97f–103f, 98t
Wrist size, measurement of, figure-of-eight method, *vs.* water volumetry in, 305–310, 307f, 308f, 309t
study of
data analysis in, 308
discussion of, 309–310
method in, 306–308
procedure in, 307–308
reliability measurement in, 307, 307f, 308f
results of, 308, 309t
subjects in, 306–307
validity measurement in, 308
Wrist splints, static *vs.* dynamic, for rheumatoid arthritis, EMG in, 320–325, 321f, 323t, 324t

AUTHORS

A
Aaron DH, 12, 22, 278
Abreu B, 270
Ada L, 237
Adams RD, 43
Agur A, 271
Almada A, 270
Anderson JB, 320

B
Backus SI, 5
Bear-Lehman J, 343
Bechtold LL, 269
Belusko E, 245
Boland RA, 43
Bond RM, 305
Bowman P, 245
Brach P, 152
Brand PW, 291
Brou KE, 271
Bui ME, 270
Burtner PA, 320

C
Callinan N, 219
Cannon NM, 105
Cardoni E, 274
Chan J, 274
Chang E, 143
Chiapetta A, 245
Chinchalkar SJ, 117, 277, 278
Clark G, 68
Cleaveland S, 219
Colditz JC, 276, 277
Cooper C, 272
Coverdale J, 273
Cox J, 269, 275
Curry C, 292

D
Davenport R, 36
Dimick M, 278
Duncan H, 292
Dutta AK, 273

E
Earnest C, 270
Eladoumikdachi F, 22
Erdmann D, 276

F
Faber K, 270
Farrell K, 292
Fedorczyk J, 274, 275
Feehan LM, 161
Fillion PL, 59, 249, 343
Flinn N, 269
Flowers KR, 1, 189, 291
Foley E, 59
Freeland AE, 129, 171
Fullenwider L, 73, 278

G
Gan BS, 117, 270, 277, 278
Gilbert J, 66
Giurintano DJ, 337
Glasgow C, 207
Goitz R, 152
Graziano M, 343
Greenberg S, 49, 278

H
Hansen R, 29
Hansford T, 278
Hanson CL, 269
Harburn KL, 29
Hardy MA, 79, 81, 129
Henry M, 271
Henry SM, 225
Hilfrank B, 278
Hopkins M, 273
Howard JC, 270
Howell JW, 143
Hurst LN, 269

J
Jabaley ME, 95
Jacobsen S, 62
Jansen CWS, 12, 270, 326
Jarrett CA, 171
Johnson A, 292
Johnson C, 65
Johnson L, 245

K
Kalaher K, 275
Kasch MC, 49, 278
King GJ, 270, 278
Klein L, 199
Kovler M, 271
Kramer JF, 29
Krishnan J, 311, 315

L
La Stayo P, 273
Laseter G, 278
LaStayo PC, 81, 190, 278
Lee MJ, 190, 278
Lee-Valkov PM, 22
Lenhoff MW, 5
Levaro F, 271
Leveridge A, 3
Levin LS, 276
Llewellyn MA, 305
Lucio B, 278
Ludlow K, 269, 275
Lundon K, 271

M
MacDermid JC, 29, 270, 272, 278
Maday E, 59
Maihafer GC, 305
Malcolm M, 36
Marcum ML, 320
Marino DM, 305
Masson M, 273
Massy-Westropp M, 315
Massy-Westropp N, 311, 315
McAuliffe JA, 180, 251
McClure P, 256
McFarlane RM, 278
McKee N, 271
McNemar TB, 143
McPherson S, 219
Merla L, 269, 275, 278
Meynarez L, 273
Michlovitz SL, 64
Miller JA, 270
Miller T, 270
Mitchell A, 245
Mogielnicke H, 63
Monasterio M, 271
Moran C, 278
Muenzen PM, 49, 278

N
Nabavi D, 36
Netscher DT, 22

O
Offenbacker T, 292
O'Grady D, 278
Olivett B, 278

P
Page C, 5
Pellecchia GL, 300
Pérez-González A, 337
Pettengill KS, 278
Picchiarini MS, 320
Pillar WJ, Jr, 305
Pinkerton HM, 326
Poole JL, 320
Priganc VW, 225

Q
Qualls C, 320

R
Rainville D, 219
Rankin W, 315
Richards RS, 270
Ross DC, 270, 277
Ross RG, 266, 267, 268
Roth JH, 270, 278
Ryan C, 343

S
Saleeba EC, 249
Sancho-Bru JL, 337
Scott KL, 305
Shechtman O, 36
Simper VK, 326
Singletary S, 129, 171
Spencer J, 274
Stanton DB, 343
Street SL, 29
Stuart HG, Jr, 326

T
Taylor PA, 278
Thornby J, 22
Tokar N, 219
Tooth L, 207
Tottenham V, 272
Tucker RL, 62

V
Vandersluis C, 278
Vergara M, 337
Villamin MR, 270
vonKersburg AE, 190, 278
Voss DG, 219

W
Wajon A, 237
Wegener EE, 79, 95
Wehbe M, 264
White DM, 64
Wilton J, 207
Winters KM, 81
Wolfe T, 278
Wright PD, 269